

**LIVING IN THE LIGHT
EPHESIANS 4:17 – 5:20**

*Chi Alpha
Lifegroup Guide
Ephesians*

LESSON PREP

As you prepare for this week's lesson think about your own battles with sin. What does scripture say about them? How can you overcome them?

**PRE LG TEXT
MESSAGE QUESTIONS**

How do you help or hurt other people around you?

**SCRIPTURE
MEMORIZATION**

Ephesians 4:32

1ON1 FOLLOW UP

Is there anything else in your life that you struggle with that you did not want to share in LG?

Have you been holding your brother/sister accountable?

Have you been doing better eradicating sin in your life?

OVERVIEW

The following video by The Bible Project gives a great overview of the book of Ephesians: <https://youtu.be/Y71r-T98E2Q>

INTRODUCTION

Paul now shifts in his letter to detailing what life is like before knowing Christ and what it must no longer look like. He challenges believers (formerly Gentiles mostly in Ephesus) that they can no longer live in their old ways, but must transform their lives to be like Christ's in every single way. He then challenges them to be light in a dark world.

Read Ephesians 4:17 – 32

1. Sins against one another

- Paul begins by saying no longer live like Gentiles – what sins/habits have you brought into your relationship with Jesus that were around before coming to live for Him?
- Paul outlines many sins in this section. What are they? What do they have in common? – sins committed against someone else – Why is this important? – v25
- What does Paul call us to do when someone sins against us? – v32 – Think of all the sin you have committed that Jesus forgave – are you ready to forgive someone else this much?

Read Ephesians 5:1 – 7

2. Sexual Immorality and Inner Sins

- Why do you think Paul says that there cannot be even a hint of sexual immorality/greed? Why are these sins so important?
- How does our culture treat sexual immorality and greed?
- How can we transform ourselves to be pure and generous?

Read Ephesians 5:8 - 20

3. Living in the Light

- Does it sometimes feel like everything around you is trying to get you to sin?
- We live in a dark, fallen world, but Paul challenges us to be children of light: what does this mean?
- How can we illuminate the world around us in such a way that we denounce evil, but not put down others?

APPLICATION

Have a time of confession, prayer, and (if necessary) forgiveness amongst your LG. Start yourself by being very open with your own current battles with sin and encouraging your people to do the same. Set up accountability amongst your LG not just your people to you.

