

Sex and Dating

Big Idea/Goal:

God desires us to live in physical, mental, and heart boundaries regarding sexuality and to know how to evaluate a relationship in terms of his plan for marriage.

Start Here:

-What are some indications someone is living for God? How does this play into you choosing someone you would date? How should Christians date differently than non-Christians? (1 Thim 4:5)

-What are God's boundaries on sexual intimacy for the unmarried? How does your current level of sexual intimacy match up with these?

-Do you agree or disagree with this definition? Sex acts are any actions, thoughts, or words that intentionally lead to sexual arousal. How do your views differ? Do you struggle with any of these?

-What does fleeing sexual immorality look like in your present singleness or romantic relationship? 1 Cor 6:13-20

-If you find yourself attracted to someone and feel free from the Lord to pursue a relationship with him or her what are some moral choices that you still have to make?

-At what point in the attraction-dating process should you involve a spiritual leader, your parents or Christian friend? Is their approval important to you?

-What are your thoughts on this quote:

"Attraction happens. You will always meet physically, intellectually, relationally attractive and intriguing people. You might assume that if you are attracted to someone you should pursue a romantic relationship with him or her. However, attraction has no moral boundaries. You can be attracted to people who would be inappropriate or even destructive for you to date." What has been the number one characteristic that the people you are attracted to seem to have in common?

-What are your thoughts on all the sexual definitions of the present day? Have you ever personally struggled in these areas?

Scripture:

- John 8:2-11 (Jesus shows forgiveness and then offers her hope for obedient change)
- Matt 15:18-20 (evil thoughts, adultery, sexually immorality, etc. come from the heart)
- Rm 13:13-14 (avoid sexual immorality)
- Genesis 39:6-12 (Joseph runs from seduction)

Application:

-Brainstorm, decide on, write down and share 2-3 actions are you willing to take to flee sexual thoughts, actions or tendencies?

-Process your struggle/sin by rewriting Psalms 51:1-17 or Psalms 32:1-11 with your specific struggle/sin in mind